

Messages From Water

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Messages From Water is a short documentary which was recently featured in the movie What the Bleep Do We Know and focuses on Dr. Masuro Emoto's scientific experiments using vibrations through the medium of water. Dr. Emoto's experiments with water first began with his use of an MRA Device (Magnetic Resonance Analyzer) in which he would pass different vibrational frequencies through water which he later analyzed for crystal formation.

After exposing water samples to these sound frequencies he would then freeze those same samples and examine them under a microscope. What he found was that different types of frequencies produced different crystal formations in the frozen water. Higher frequencies produced more intricate and beautifully formed hexagonal crystalline patterns while lower frequencies tended to produce either distorted crystals or no structure at all. (for more information on hexagons and hexagrams, look into the I-Ching and DNA structures)

Dr. Emoto later turned his experiments to other mediums such as music, prayer, and written words to see if the water would also retain the information of these mediums. Once again, he found that the water was dramatically affected by all of these different mediums. For instance, when placing positive words such as "love" or "beauty" on a water sample it would produce beautifully formed crystalline structures. Adversely, words such as "hate" or "I want to kill you" would either produce no crys-



talline structure or distorted and "ugly" ones. Even water that has been "distorted" by negativity can be turned back into a higher formed structure by repeating the process using positive affirmations.

In experiments exposing water to music, once again, the water's "expression" changed depending on the type of music that was played. Classical music manifested itself as highly structured hexagonal crystals while heavy-metal left the water "lifeless" and without any crystal formations. Group prayer was also used and yielded similar results. Prayer has long been used for healing and recent scientific studies have reported on the power of prayer to aid in the healing process.





The idea that water has the ability to memorize, retain, and relay different types of information such as music, pictures, words, prayers and thoughts is quite a revolution in science. But the real significance of these findings is that it shows us how powerfully we affect our surroundings. Our thoughts, emotions and words have direct influence on our environment including our relations with other people. This documentary is further evidence that we create our own realities through our thoughts. In other words, our thoughts, feelings, and words can and do affect physical reality.

Thoughts, feelings, language and music are all forms of energy, and all energy vibrates with its own particular frequency. Higher level, spiritually oriented individuals, for instance, vibrate at a much higher frequency than people who are lost in the physical reality of existence. But if we continue to raise our own frequency by practicing Tao then we can transfer that energy on to others. Our bodies are made mostly of water, and if water can retain and manifest the “information” that it is subjected to, as Dr.

Emoto suggests, then imagine the kind of influence we can have on the world around us. One quote from the movie *What the Bleep Do We Know* sums it up pretty well by posing the question “If our thoughts can do this to water, what are our thoughts doing to us?”

Water has long been used as an analogy for Tao but rarely do we get to see such examples as these of Tao speaking to us directly through the medium of water. Recent events like the Indonesian Tsunami, floods, rising ocean levels and melting ice-caps are likely messages from water warning us that we cannot continue on our current course and must raise our level of consciousness to meet the coming of the Aquarius Age. But the real message here is one of hope. Through the very act of practicing Tao and raising our own level of consciousness we are, in turn, indirectly raising the level of consciousness of everyone around us. If we continue practicing in this way as individuals, then collectively we can have tremendous power to change our world.

